

**Office of Ministry & Life  
Enrichment  
For Persons with Disabilities**

**KEEPING A HOLY LENT**



Lent is the period of forty days beginning on Ash Wednesday.

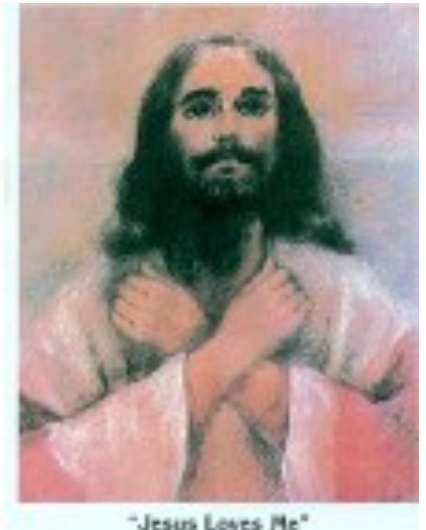
It is a season of the Church year which commemorates the forty days Jesus fasted and prayed in the wilderness before he began his public ministry of preaching for repentance. Six Sundays are within the season, the last, Passion Sunday, marks the beginning of Holy Week. Holy Thursday begins the Triduum “three days” before Easter day, which includes Good Friday and Holy Saturday.

***Some Suggestions for Lenten Prayers and Devotions***

- Begin each morning with the prayer: "Lord, I offer you this day, and all that I think, and do, and say."
- Attend Daily Mass as often as possible.
- Pray the Sorrowful Mysteries of the [Rosary](#).
- Make the [Stations of the Cross](#) at home or in a parish celebration.
- Read [Scripture](#) for 10 minutes every day.
- Pray the Seven Penitential Psalms (Psalm 6, 31, 50, 101, 129 and 142).
- Spend some time in quiet prayer before the [Blessed Sacrament](#).
- Abstain from meat for an extra day or two each week.
- Listen to spiritual music or a spiritual speaker.



**CATHOLIC CHARITIES of CORPUS CHRISTI**  
Ministry & Life Enrichment for  
Persons with Disabilities  
P.O. Box 9056  
Corpus Christi, Texas 78469



**MINISTRY & LIFE ENRICHMENT  
FOR PERSONS WITH A DISABILITY**



**615 Oliver Ct.  
Corpus Christi, TX 78408**

**361-884-0651 Ext 249  
VP #361-288-8791  
cmendez@diocesecc.org**

**Linda McKamie, Director  
Rev. Yul Ibay  
Celia Mendez  
Aurora Martinez  
Sister Marykutty**

*“We are a family.”*

# Ministry & Life Enrichment for Persons with Disabilities

**\*All Masses** are at  
Immaculate Conception Chapel,  
3036 Saratoga at 11a.m. every Sunday.

We invite all persons with disabilities  
and their family and friends to attend  
EVERY Sunday.

*All Masses are interpreted in ASL.*

\*Anointing of the Sick every first Sunday of the month.

\***Birthdays/Anniversaries** Special blessing for those celebrating their birthday or wedding anniversary are celebrated every Sunday.

**Mondays**—Living & Learning (L & L) a class for ladies who are deaf and/or hard of hearing.

**Tuesdays**—Living Independently & Productively (LIP) a class for individuals who are blind and visually impaired.

**Wednesdays**—Fun Day for all persons with intellectual disabilities....everyone is invited to this fun day!

*These fun & educational classes include basic daily skills, sewing, cooking, arts & crafts, speakers, bingo, music, dancing and much more!*

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\***Team #1**—Group of Volunteers from our ministry making a positive difference.

\***Mary Grett Transitional Center**— Students giving back to the community while preparing for a successful transition into community and adult living.

\*For information about our **Religious Education classes**, please contact our office...361-884-0651.



*Thank you  
for your support!*



## SPECIAL HEARTS PROM

*For persons with intellectual disabilities*

February 11th

11:00a.m. MASS

12Noon—3p.m.—PROM

3036 Saratoga Blvd.

*Special thanks to the*

**St. John Paul High School Students**



*Please call to register—884-0651*

**Thanks to the United Vietnam Veterans of Texas for your continued support!**

**AIRBORNE!**

*-Sponsor of our annual Ash Wednesday lunch for our Fun Day participants!*

*-must pre-register-*



# February 2018

**Sun Mon Tue Wed Thu Fri Sat**

				1 Mary Grett Volunteer Day	2	3
4 Holy Mass & Anointing of the Sick CCD	5 Living & Learning <i>(meet at Hibachi Grill, 5274 S. Staples)</i>	6 LIP <i>(at Catholic Charities)</i> Fat Tuesday Celebration TEAM #1	7 FUN DAY Library Day Pizza Day <i>Bring your drink and fruit to share</i>	8 Mary Grett Volunteer Day	9	10
11 Holy Mass & Special Heart's Prom  No CCD	12  NO CLASS  Join us for Ash Wednesday	13  TEAM #1	14 Ash Wednesday  6:30p.m. Distribution of Ashes  <i>at St. JP II</i>	15  Mary Grett Volunteer Day	16	17
18 Holy Mass & Stations of the Cross <i>(10:30a.m.)</i> CCD	19  Living & Learning	6 LIP <i>(at Catholic Charities)</i> <i>Spiritual Day</i>  TEAM #1	21 FUN DAY <i>(at Catholic Charities)</i> Special Speaker <i>(Come early)</i>	22  Mary Grett Volunteer Day	23	24
25 Holy Mass & Stations of the Cross CCD	26  Living & Learning	27  Home Visits  TEAM #1	28 FUN DAY <i>(at Catholic Charities)</i>			